

Sociedade Columbófila Cantanhedense

Secção de Nataç o

TORNEIO DIA OL MPICO

Data: 10 e 11 de Maio de 2008

Local: Complexo Ol mpico de Piscinas de Coimbra

- **48 Provas Nadadas**
- **42 Recordes Pessoais = 88% de Rec. P.**
- **5 Recordes de Clube em Piscina de 50m, 3 INDIVIDUAIS E 2 ESTAFETAS (RC5)**
- **Diogo Gir o – 1  Dia Ol mpico Infantil A**
- **Renan Pereira – 2  Dia Ol mpico Juvenil B**

Nome	Escal�o	Provas	Tempo I.	Tempo R.	Melhoria	Classif.
Pedro Lopes Recordes P. = 5 Evolu��o = 88	J�nior	400 LIV	4:25.04	4:22.21	-2.83	6� RC5
		100 MAR	1:00.05	1:01.25	+1.20	2�
		200 EST	2:23.11	2:22.30	-0.81	4� RC5
		200 BRU	NT	2:44.10	---	3�
		50 LIV	27.10	26.77	-0.33	EST RC5
		100 BRU	1:19.81	1:18.24	-1.57	PASS
Gustavo Meneses Recordes P. = 0 Evolu��o = 0	Juvenil	50 COS	31:00	31:35	+0.35	EST
Andr� Dinis Recordes P. = 3 Evolu��o = 267	Juvenil	400 LIV	4:44.21	4:37.32	-6.89	2�
		100 COS	1:32.53	1:17.98	-14.55	3�
		200 EST	2:38.20	2:38.46	+0.26	7�
		200 MAR	2:51.17	2:46.40	-4.77	2�
Renan Pereira Recordes P. = 7 Evolu��o = 207	Juvenil	400 LIV	4:45.69	4:40.50	-5.19	3�
		100 MAR	1:12.07	1:09.53	-2.54	2�
		200 EST	2:34.12	2:30.50	-3.62	2�
		200 BRU	2:41.98	2:45.40	+3.42	1�
		50 LIV	32.24	31.78	-0.46	PASS
		100 LIV	1:07.85	1:06.70	-1.15	PASS
		200 LIV	2:19.96	2:17.56	-2.40	PASS
		50 MAR	33.27	31.18	-2.09	PASS
Diogo Gir�o Recordes P. = 6 Evolu��o = 136	Infantil	400 LIV	4:49.75	4:34.29	-15.46	1�
		100 COS	1:17.26	1:12.89	-4.37	1�
		200 EST	2:38.36	2:33.91	-4.45	1�
		200 MAR	NT	2:38.30	---	1�
		100 MAR	1:20.78	1:17.37	-3.41	PASS
		50 MAR	34.89	33.82	-1.07	PASS
		400 LIV	5:27.00	4:56.84	-30.16	5�
Tiago Silva Recordes P. = 8 Evolu��o = 384	Infantil	100 BRU	1:31.84	1:26.85	-4.99	4�
		200 EST	2:47.11	2:45.08	-2.03	10�
		200 MAR	2:56.19	2:56.58		4�
		50 BRU	42.55	40.70	-1.85	PASS
		50 MAR	36.02	34.18	-1.84	PASS
		50 LIV	35.73	34.15	-1.58	PASS
		100 LIV	1:15.93	1:11.30	-4.63	PASS
		200 LIV	2:39.43	2:27.06	-12.37	PASS
		400 LIV	NT	4:58.20	---	6�
David Fonseca Recordes P. = 6 Evolu��o = 206	Infantil	100 MAR	1:27.78	1:16.25	---	DESC
		200 EST	2:51.84	2:43.53	-8.31	8�
		200 COS	2:55.20	2:45.59	-9.61	5�
		50 MAR	37.67	35.34	-2.33	PASS
		50 LIV	33.38	33.18	-0.20	PASS
		200 LIV	2:31.92	2:25.15	-6.77	PASS
Tiago Alves Recordes P. = 5 Evolu��o = 330	Infantil	400 LIV	5:33.34	5:19.41	-13.93	10�
		100 MAR	1:35.80	1:24.93	-10.87	5�
		200 EST	3:02.95	2:53.30	-9.65	8�
		200 BRU	3:22.87	3:16.84	-6.03	5�
		50 MAR	42.48	38.02	-4.46	PASS
Miguel Figueira Recordes P. = 4 Evolu��o = 82	Infantil	400 LIV	5:19.14	5:17.16	-1.98	9�
		100 MAR	1:29.05	1:20.59	-8.46	2�
		200 EST	2:51.14	2:54.13	+2.99	9�
		200 COS	NT	2:52.05	---	2�
		50 MAR	38.23	37.81	-0.42	PASS

José Figueira Recordes P. = 6 Evolução = 302	Infantil	400 LIV	5:52.52	5:48.50	-4.02	16º
		100 MAR	1:48.59	1:34.78	-13.81	7º
		200 EST	3:24.65	3:12.36	-12.29	15º
		200 BRU	3:55.55	3:51.13	-4.42	12º
		200 LIV	2:54.88	2:52.33	-2.55	PASS
		50 MAR	46.72	43.86	-2.86	PASS
Filipa Lopes Recordes P. = 5 Evolução = 366	Juvenil	400 LIV	5:32.51	5:19.99	-12.52	4º
		100 COS	1:22.55	1:22.01	-0.54	2º
		200 EST	3:29.32	3:09.95	-19.37	10º
		200 BRU	NT	3:55.06	---	4º
		50 MAR	47.80	44.37	-3.43	PASS
Florabela Machado Recordes P. = 6 Evolução = 382	Infantil	400 LIV	5:32.10	5:20.39	-11.71	1º
		100 MAR	1:52.29	1:40.32	-11.97	6º
		200 EST	3:21.67	3:06.82	-14.85	8º
		200 BRU	NT	3:34.88	---	3º
		100 BRU	1:47.28	1:46.23	-1.05	PASS
		50 MAR	50.99	43.60	-7.39	PASS
Ana Alves Recordes P. = 6 Evolução = 436	Infantil	400 LIV	6:22.56	5:32.06	-50.50	4º
		100 BRU	1:42.00	1:41.44	-0.56	5º
		200 EST	3:08.88	3:07.69	-1.19	9º
		200 COS	NT	3:11.24	---	9º
		200 LIV	3:07.00	2:43.61	-23.39	PASS
		50 MAR	47.29	42.96	-4.35	PASS